



### To initiate and clear data:

1. Turn the device ON. As soon as the screen turns on and while the black rectangles still show, depress and hold down the PAUSE and PREV (back arrow) buttons simultaneously. Release when self test begins.
2. When "VIEW COMPLIANCE?" appears on the screen, select "Yes." View compliance data (see chart) by depressing the NEXT (forward arrow) button until all data is viewed.
3. At the end of the data, 300PV will ask if you want to reset the compliance. Selecting "Yes" clears all the data and resets device to unused status.

THERAPY TYPE		CHANNEL 1	CHANNEL 2
<b>NMES</b>	<b>COMPLIANCE DATA</b>	Total Sessions	Total Sessions
		Total session time (hours)	Total session time (hours)
		Average session time (minutes)	Average session time (minutes)
		Standard Deviation	Standard Deviation
<b>High Volt</b>	<b>COMPLIANCE DATA</b>	Total Sessions	Not applicable
		Total session time (hours)	
		Average session time (minutes)	
		Standard Deviation	

### To lock program(s):

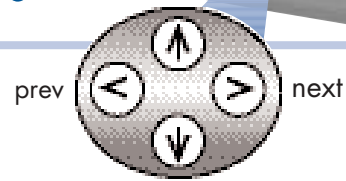
*Note: 300PV allows the clinician to lock up to 3 programs. If multiple programs are desired, do not turn the device OFF until all programs have been set up.*

1. With device ON, push SETUP and select "NMES" or "High Volt" and make subsequent choices when prompted by the device. The last prompt (following TIMER) will be "Lock." Selecting "Yes" will automatically store the program in memory. If lock is selected and user advances to the next screen, the 300PV will show the device default maximum intensity – if the user wishes to change the maximum, the up and down arrows will change the values. The next screen will show the minimum intensity and allow user to make changes. The clinician may still go back using the PREV (back arrow) button to make changes if desired.
2. To program a second or third program that will be locked, follow the same steps starting with pushing SETUP.
3. To initiate the lock feature, the device should be turned OFF. When turned ON, the display will show the locked program(s). If more than one program has been locked, user selects program using the up/down arrows.
4. Provide patient with home-use instructions: 1) Turn ON; 2) Select program (if more than one available); 3) adjust amplitude. *(Note: device will turn each program off according to timer selections made by clinician)*

### To unlock program:

- 1) Turn the device ON. As soon as the screen turns on and while the black rectangles still show, depress and hold down the PAUSE and PREV (back arrow) buttons simultaneously. Release when self test begins. Select "Yes" when Lock screen appears.

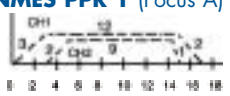
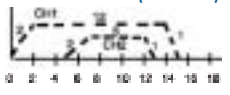
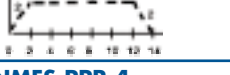
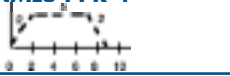
# 300<sup>PV</sup> Quick Guide



## Basic Setup – New Program

1. Depress ON/OFF button.
2. Depress SETUP button.
3. Use Programming Controls to program the device. Left (<) and right (>) arrows move from screen to screen. To change the values on each screen, use the up (↑) and down (↓) arrows. For example, the Set Therapy screen comes up when SETUP is depressed. The up and down arrows move the cursor to either NMES or High Volt. Once the value is selected, use the right arrow to go to the next screen – your choice of PPR or custom. To return to a screen already passed through, use the previous button (prev) to go back.
4. Once therapy setup is complete, the screen lists program and “Ready.” Turn up intensity to begin stimulation program.

**Program Options: (Waveform, Off time and Timer are set independently.)**

300 PV Programs	Program Description	Rate (PPS)	Suggested Uses
<b>NMES PPR 1 (Focus A)</b> 	Timing = Ramp up/On time/Ramp Down Overlapping; Ch1 on first - Ch2 follows after 2 sec. delay. Timing - Ch1: 3/12/2; Ch2: 2/9/1	35	2 Ch sequenced contractions • Joint protection • ACL repair - Hamstring/Quad Quad Timing - VL/VMO
<b>NMES PPR 2 (Focus B)</b> 	Overlapping; Ch1 on first - Ch2 follows after 5 sec. delay. Timing - Ch1: 2/12/1; Ch2: 2/5/1	45	2 Ch sequenced contractions • Joint protection • Patellar tracking; VMO weakness (VMO/VL) • Scapular stabilization
<b>NMES PPR 3</b> 	Timing – 2/10/2 on both channels. User sets synchronous or alternating cycling if using 2 channels	35	General stimulation program. Off time set for tx goal, e.g., 1:3 (30 Off) for endurance; 1:5 (50 Off) for strength
<b>NMES PPR 4</b> 	Timing – 2/5/2 on both channels. User sets synchronous or alternating cycling if using 2 channels	50	General stimulation program with short ON time (neuro, severe atrophy, etc.) Low back stabilization/pain control
<b>NMES PPR 5 (Focus H)</b>	Continuous stimulation triggered by an external switch; Ch1 is active when ext. switch is closed; Ch2 active when ext. switch is open	Set by User	Triggered stimulation by either hand or foot switch • Gait training • Coordination with exercise
<b>NMES PPR 6</b>	Pre-modulated IF. Frequency modulation Ch1 only	1000-1150	Pre- and post- procedures. Acute short-term pain relief/nerve block.
<b>NMES PPR 7</b>	TENS; modulated amplitude	100	Pain control
<b>NMES USER 1</b>	Custom program – parameters set by clinician; stored (may be changed)	Set by User	Common program for specific clinic/clinician
<b>NMES USER 2</b>	Custom program – parameters set by clinician; stored (may be changed)	Set by User	Common program for specific clinic/clinician
<b>HV PPR 1</b>	Continuous; negative polarity; Ch1 only	100	Local circulation
<b>HV PPR 2</b>	Continuous; positive polarity; Ch1 only	100	Local circulation
<b>HV USER 1</b>	Custom program – frequency, polarity (timed delivery of different polarities included) set by user; stored; Ch1 only	Set by User	Local circulation
<b>HV USER 2</b>	Custom program – frequency, polarity (timed delivery of different polarities included) set by user; stored; Ch1 only	Set by User	Local circulation

Turn over for directions on: data collection and locking/unlocking device



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For full instructions for use, indications, contraindications and warnings, refer to the 300PV Instruction Manual.